

The background is a light mint green. It features several pairs of orange flip-flops with pink straps scattered across the surface. In the center, there is a large, stylized sunburst graphic composed of many dark teal, wedge-shaped rays radiating from a central point.

SUMMERTIME in 1 Timothy

A 6 Week Reading Plan for Families



FAMILY DISCIPLESHIP PLANNER

FIND YOUR RHYTHM & COMMIT TO SCHEDULE

Developing or maintaining a rhythm of family discipleship in the home can be challenging when summertime rolls around. Use this planning resource to help your family be intentional about scheduling time for discipleship. Begin by gathering your family to pray and discuss your upcoming rhythms and commit to scheduling time on the calendar.

1

FIND YOUR RHYTHM



MORNING



MEALTIME



DRIVETIME



BEDTIME

Leveraging the natural rhythms of your day for family discipleship is key. Circle the time(s) that work best in your family's rhythm.

2

COMMIT TO SCHEDULE

THE BEST DAY FOR OUR FAMILY TO GATHER IS:

Check which days work best.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

WE COMMIT TO GATHERING ON THE FOLLOWING DATES AND TIMES:

Gather your family and schedule the days and times you will meet over the next 6 weeks. Put them on the calendar before you end your time together.

WEEK 1: _____

WEEK 4: _____

WEEK 2: _____

WEEK 5: _____

WEEK 3: _____

WEEK 6: _____

Want to set specific goals this Summer? Go to empoweredhomes.org. Download the Summertime Goals: Building Habits for Growth.



WEEK 1

Read or Listen:
1 Timothy 1

Focus Verse

Now the goal of our instruction is love that comes from a pure heart, a good conscience, and a sincere faith.

1 Timothy 1:5

DISCUSSION:

Paul is writing a letter to his *co-worker*, Timothy, warning him, and the Church in Ephesus, to avoid false teachers. False teachers were causing believers of Jesus to wander in their beliefs of the truth.

Q: Who do you have in your life to point you to truth when culture and others point to living in a way that leads to false beliefs?

Throughout chapter 1, Paul points out several characteristics of a true follower of Jesus who is grounded in the gospel.

Q: Can you name some of those characteristics?

(Hint: check verses 5 & 19)

Paul says some people have **shipwrecked** their faith by rejecting their good conscience.

Q: Have there been times when you ignored your good conscience and did, or said, something sinful? What happened?

PRAYER:

God, thank You for Your mercy and grace. Show us any areas where we're not trusting You fully, and help our family grow in true faith. Amen.

**DON'T FORGET TO
PRACTICE THE
MEMORY VERSE!**

WEEK 2

Read or Listen:
1 Timothy 2

Focus Verse

For there is one God and one mediator between God and mankind, the man Christ Jesus, who gave himself as a ransom for all, a testimony at the proper time.

1 Timothy 2:5-6

DISCUSSION:

After condemning false teachers, Paul compels the believers at Ephesus to re-focus on holy living and their commitment to prayer.

Q: Who does Paul say we should pray for? (v. 1 & 2)

And what kind of life does that lead to? (v. 2)

The focus verse above declares something powerful about God and Jesus.

Q: What truth does it reveal about God? What does that mean for those who follow Him?

Q: What does God want for everyone and how is this related to pleasing God with our lives?

PRAYER:

God, please give wisdom and guidance to our leaders—in our nation, city, and church. Help them lead with truth and care. Amen.

**DON'T FORGET TO
PRACTICE THE
MEMORY VERSE!**

WEEK 3

Read or Listen:
1 Timothy 3

Focus Verse

If anyone does not know how to manage his own household, how will he take care of God's church?

1 Timothy 3:5

DISCUSSION:

Paul gives specific instructions about the home life of church leaders in particular.

He highlights a powerful connection between home life and leadership in the church.

Q: Why do you think God places high importance on how we lead and care for our families?

Q: What does it look like to "manage" a family in a way that honors God?

How does our family honor God well?

Q: How can each of us - no matter our age - help make our home a place that reflects God's love?

(Brainstorm ways everyone can contribute to growing spiritually and practically).

PRAYER:

Thank You, God, for the gift of family. Help us care for one another with love, patience, and respect. Guide us to be an example of Your love to others. Amen.

**DON'T FORGET TO
PRACTICE THE
MEMORY VERSE!**

WEEK 4

Read or Listen:
1 Timothy 4



Focus Verse

For the training of the body has limited benefit, but godliness is beneficial in every way, since it holds promise for the present life and also for the life to come.

1 Timothy 4:8

DISCUSSION:

Q: What do you think it means to “train” in godliness?

Which verse in chapter 4 explains the proper areas of training for godliness?

Q: What’s one habit we can practice together as a family this week to grow in our “godliness training”?

Q: Why is it important for others to see how we are growing in our faith?

PRAYER:

God, help us to grow strong - not just in our bodies, but in our spiritual habits and godly living. Teach our family how to follow You daily. Amen.

**DON'T FORGET TO
PRACTICE THE
MEMORY VERSE!**

WEEK 5

Read or Listen:
1 Timothy 5

Focus Verse

But if anyone does not provide for his own family, especially for his own household, he has denied the faith and is worse than an unbeliever.

1 Timothy 5:8

DISCUSSION:

Chapter 5 reminds us how important it is to care for our families - not just physically, but emotionally and spiritually. Loving and providing for those in our home is a part of living out our faith.

Q: What does it look like to take responsibility for the people God has placed in our lives?

Q: How can we show love to our family even when it's hard or inconvenient?

What about those outside our family?

Q: Name a few ways God has provided for our family.

Share your favorite ways our family shows love and kindness toward one another.

PRAYER:

God, help us take care of one another with love and responsibility. Teach us to honor You by how we treat our family. Amen.

**DON'T FORGET TO
PRACTICE THE
MEMORY VERSE!**

WEEK 6

Read or Listen:
1 Timothy 6

Focus Verse

But godliness with contentment is great gain. For we brought nothing into the world, and we can take nothing out.

1 Timothy 6:6-7

DISCUSSION:

True fulfillment comes from godliness paired with contentment. This reminds us that lasting joy and peace are found not in possessions, but in living a life that honors God.

Q: How does our culture make it harder to be content with what we have?

Q: Can you think of a time when you wanted more but realized you already had enough?

Q: What are some things we can focus on that last forever, instead of things we can lose?

PRAYER:

God, thank You for all You've given us. Help us to be content and live in a way that pleases You. Teach us to value what truly matters. Amen.

**DON'T FORGET TO
PRACTICE THE
MEMORY VERSE!**



MEMORY VERSE

1 Timothy 4:6-10

Take time to memorize this verse as a whole family this Summer. Make up motions to help you remember!

Week 1: { 6 If you point these things out to the brothers and sisters, you will be a good servant of Christ Jesus, nourished by the words of the faith and the good teaching that you have followed.

Week 2: { 7 But have nothing to do with pointless and silly myths. Rather, train yourself in godliness.

Week 3 : { 8 For the training of the body has limited benefit, but godliness is beneficial in every way, since it holds promise for the present life and also for the life to come.

Week 4: { 9 This saying is trustworthy and deserves full acceptance.

Week 5 : { 10 For this reason we labor and strive, because we have put our hope in the living God, who is the Savior of all people, especially of those who believe.

Week 6: Work on reciting the whole passage from memory.



**FIND MORE SUMMER
RESOURCES AT:**

WWW.EMPOWEREDHOMES.ORG